Human Health

Sr	Questions	Answers Choice
1	It gives resistance against diseases	A. Hormones B. Vitamins C. Fast D. Antibodies
2	Insulin is secreted from this glands	A. Adrenal gland B. Pancreases C. Thyroid gland D. Pituitary gland
3	Insulin is secreted from this gland	A. Adrenal gland B. Pancreases C. Thyroid gland D. Pituitary gland
4	Water makes almost of human body	A. 80% of human body B. 90% of human body C. 60% of human body D. 30% of human body
5	The primary sex organs are called	A. Tissues B. Testes C. ovaries D. Gonads
6	Deficiency of iodine causes	A. goiter B. night blindness C. malaria D. cough
7	_____ acts as a lubricant int he joints and other internal body organs.	A. Minerals B. Salts C. Water D. Food
8	The deficiency of vitamin D causes	A. Scurvy B. T.B C. Rickets D. Anemia
9	it contains all the necessary nutrients of food	A. Milk B. Fruits C. Wheat D. Rice
10	Tests are responsible for the development of male sex while. responsible for the development for female sex.	A. Pancreas B. Ovary C. Gonads D. Adrenal gland
11	Scratches on the body after kitten's bite result in ..... disease.	A. Rabies B. Cancer C. Burn D. Paralysed
12	_____ gland is also known as Master gland.	A. Thyroid gland B. Pituitary gland C. Adrenal gland D. Gonads
13	The primary and cheapest source of energy for the cell:	A. Proteins B. Carbohydrates C. Vitamins D. Fast
14	The deficiency of iodine cause thyroid to increase in size than normal and result..... disease.	A. Tetanus B. Plauge C. Goiter D. Heart Disease
15	Cucumber contains...../100 gm calories in it.	A. 14 kC B. 5 Kc C. 65 kC D. 99 kC

16	The disease caused by deficiency of iodine is.	A. Night blind B. Cough C. Goiter D. Malaria
17	The food component in body which is needed in fraction only & nbsp	A. Carbohydrate B. Protein C. Vitamins D. Fast
18	The hormone whihc controls invountary action of body is	A. Thyroxin B. Epinephrine C. Adrenal D. Insulin
19	Deficiency of .....slows down the blood clotting mechanism.	A. Vitamin A B. Vitamin D C. Vitamin E D. Vitamin K
20	Thyroid gland increases in size because of	A. Deficiency of iodine & nbsp B. Deficiency of fluorides & nbsp C. Deficiency of iron & nbsp D. Deficiency of calcium & nbsp