Physical Education Fa Part 1 English Medium Chapter 6 Online Test

Sr	Questions	Answers Choice
1	"The scope and area of Health education is only to protect and maintain to health of persons accordingly physically, mentally and emotionally" are said by	A. Rider B. Delbert Oberteuffer C. Thomas wood D. Willson Grout
2	Healthy has been considered that _____ of life	A. Quality B. Part C. Both a and b D. None of these
3	What is heath?	A. Heath is also known as well being and discuses full life B. When body organs are working in a good way C. A heath person is free from daily tensions D. All of them
4	Health education is the translation of what is known about health into individual and community behavior patterns by means of education process was said by	A. Dr. Thomas Wood B. Willson Grout C. John Locke D. Ott Romney
5	"Health education is the sum of experiences each favourably influence the habits, attitudes and knowledge relating to individual, community and social health" said by	A. Thomas wood B. Willson grout C. Rider D. john locker
6	How many classification of health education?	A. 2 B. 3 C. 4 D. 5
7	Health education teaches principles and physical education enables to	A. Oppose them B. Understand them C. Learn them D. Practice them
8	How many principles of healthy life	A. 10 B. 11 C. 12 D. 13
9	Educated people are more aware about	A. Sports issues B. Political issues C. Entertainment issues D. Health issues
10	"Health had been considered that quality of life by which man is able to lead his life happy and serve others" are called	A. Health B. physical education C. Health education D. none of them
11	A _____ person can have a longer life	A. Wealthy B. Political C. Healthy D. Strong
12	How many types of health education	A. 2 B. 3 C. 4 D. 5
13	How many objective of heath education	A. 4 B. 5 C. 6 D. 7
14	"In other for one to be healthy and fit one needs to be educated and in order to be properly educated one needs to be healthy and fit" said by	A. Delbert Oberteuffer B. Rider C. Willson grout D. John locke
		A. Basic health education

15	Prevention of diseases, hygiene, healthy eating habits are examples of	B. Basic school education C. College education D. Secondary healthy education
16	"Health not only teaches about health and fitness but also now to maintain a healthy life style" are said by	A. Rider B. Delbert C. Willson D. John Locke
17	Health and physical education works for betterment of	A. Humanity B. Economics C. Country D. Science