Physical Education Fa Part 1 English Medium Chapter 9 Online Test

Sr	Questions	Answers Choice
1	Which of the following is not an acute injury	A. Sprain B. Muscle soreness C. Pulled muscle D. Fracture
2	Hard tissue injuries are those which affect the	A. Skin B. Muscle C. Bone D. Tissue
3	A spiral fracture is one which causes a bone to form a _____ shape	A. S B. C C. U D. L
4	The use of medication for muscle injury is a _____ treatment	A. Primary B. Optional C. Secondary D. Alterative
5	A partial fracture common in children is called	A. Impacted fracture B. Serrated fracture C. Green stick fracture D. Oblique fracture
6	One of the most common injury is	A. Muscle pull B. Fracture C. Heat cramps D. Tendon damage
7	A simple / closed fracture is when a bone is	A. Damaged but not broken B. Broken in two C. Broken in many pieces D. Not broken
8	The "C" in rices stand for	A. Compassion B. Compound C. Composite D. Compression
9	A first aider must be well aware of his/her own	A. Confidence B. Weaknesses C. Limitations D. Abilities
10	Moderate tear is which type of injury	A. Open injury B. Hard tissue injury C. Acute injury D. Muscle cramp
11	What is the first thing that a first aider must check the patient for	A. Fractures B. Bleeding C. Wounds D. Broken limbs
12	This is not a first aid equipment	A. Safety B. Knife C. Spoon D. Tweezers
13	First aid provide immediate _____ to patient	A. Treatment B. Medicine C. Advice D. Relief
14	This is not a first aid medicine	A. Talcum powder B. Iodex C. Throat lotion D. Common salt
15	A depressed fracture is common in	A. Knee B. Foot C. Arm D. Skull

16	Athletic injuries are most common in	A. Team sports B. Collision sports C. Indoor sports D. Individual sports
17	In care of fracture the first thing to do is	A. Wash the wound B. Cut the cloth C. Stop bleeding D. To join bone fragments