Physical Education Fa Part 1 English Medium Online Test

Sr	Questions	Answers Choice
1	How many principles of healthy life	A. 10 B. 11 C. 12 D. 13
2	A partial fracture common in children is called	A. Impacted fracture B. Serrated fracture C. Green stick fracture D. Oblique fracture
3	Modern man spending his life	A. Poverty life B. Unrealistic life C. Wisdom life D. Hardworking life
4	Prevention of diseases, hygiene, healthy eating habits are examples of	A. Basic health education B. Basic school education C. College education D. Secondary healthy education
5	How many causes of Kyphosis	A. 13 B. 14 C. 15 D. 16
6	The aim of physical education is to improve the physique by activities	A. Political B. Economic C. Psychological D. Physical
7	The discus used in the match is	A. Competitor's B. Coach's C. Organizer's D. Other competitor's
8	An average adult body contains _____ quarts of blood	A. 5-6 B. 4-5 C. 6-7 D. 3-4
9	Physical education is the part of study?	A. Half part B. Complete part C. Fourth part D. One third part
10	How many groups are in gymnastic activities	A. 2 B. 3 C. 5 D. 9
11	Blood coagulation is a process in which _____ is formed	A. Serum B. Platelets C. Fibrin D. Electrolytes
12	How many classification of health education?	A. 2 B. 3 C. 4 D. 5
13	The measurement of each throw must be taken at	A. End of the match B. Beginning of the throw C. Immediately before throw D. Immediately after throw
14	Which Country first used word gymnastics	A. Greece B. America C. British D. German
15	Similar defects of all posture are	A. Kyphosis B. Lordosis C. Schocliosis D. All of them

16	Practising physical education improves	A. Habits B. Natural ability C. Envy D. Wishes
17	Man has been utilizing physical education since	A. The first Olympics B. Early modern era C. Birth D. The youth
18	The discus must land	A. Outside the lines B. Within the edges C. Behind the lines D. Outside the edges
19	Health and physical education works for betterment of	A. Humanity B. Economics C. Country D. Science
20	How many group are there in physical education activities?	A. 3 B. 6 C. 5 D. 10